

Welcome people to the training.

Change the name to you and your organisation

Notes for Tutor:

- Introduce the session and its focus on engaging young volunteers as active citizens.
- Emphasize the importance of volunteering in personal development and community engagement.
- Briefly mention that the training will draw from insights and findings from various countries to improve youth volunteering initiatives.



Meet your facilitators



Clare Willis
Learning and Capacity Building
Specialist

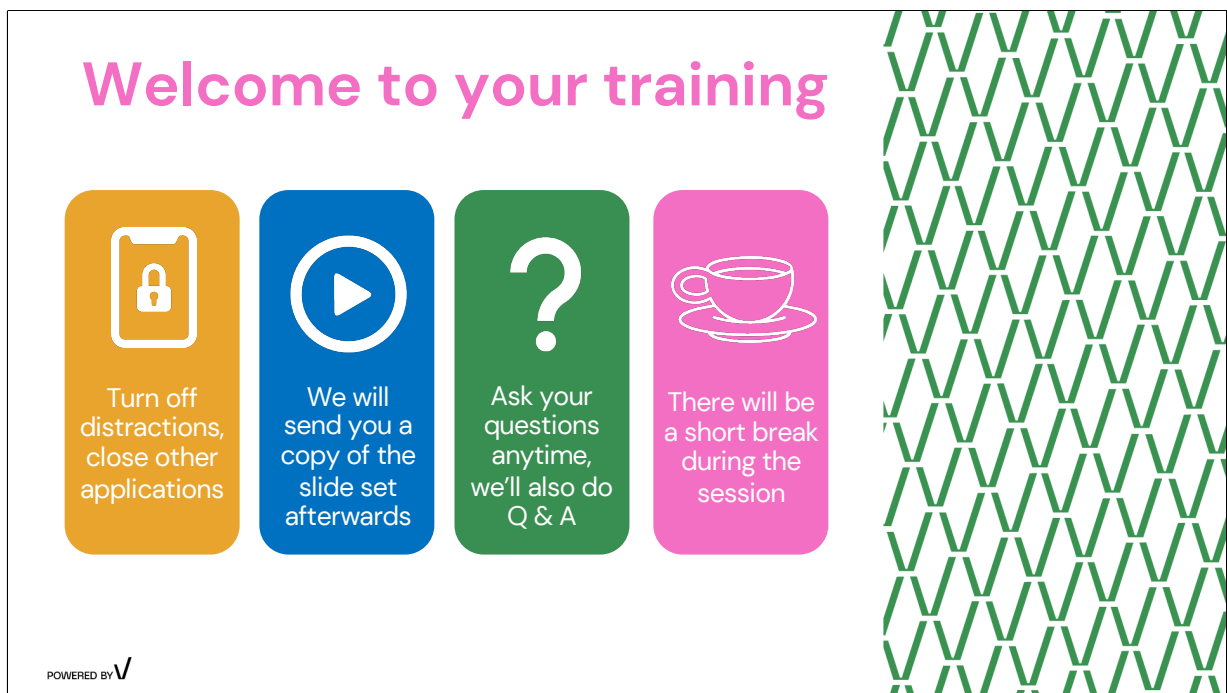


Stuart Garland
Learning and Capacity Building
Manager

POWERED BY 

Introduce yourself and your colleague(s) and outline your role in terms of engaging or working with young people.

Change the picture to your own and crop the picture using the Crop to shape feature on Powerpoint.



Remind learners of house keeping for this session

Ask them to turn off their mobile phones or put them on silent

You'll send them a PDF file of the slides afterwards as well as links to all the resources on your own website.

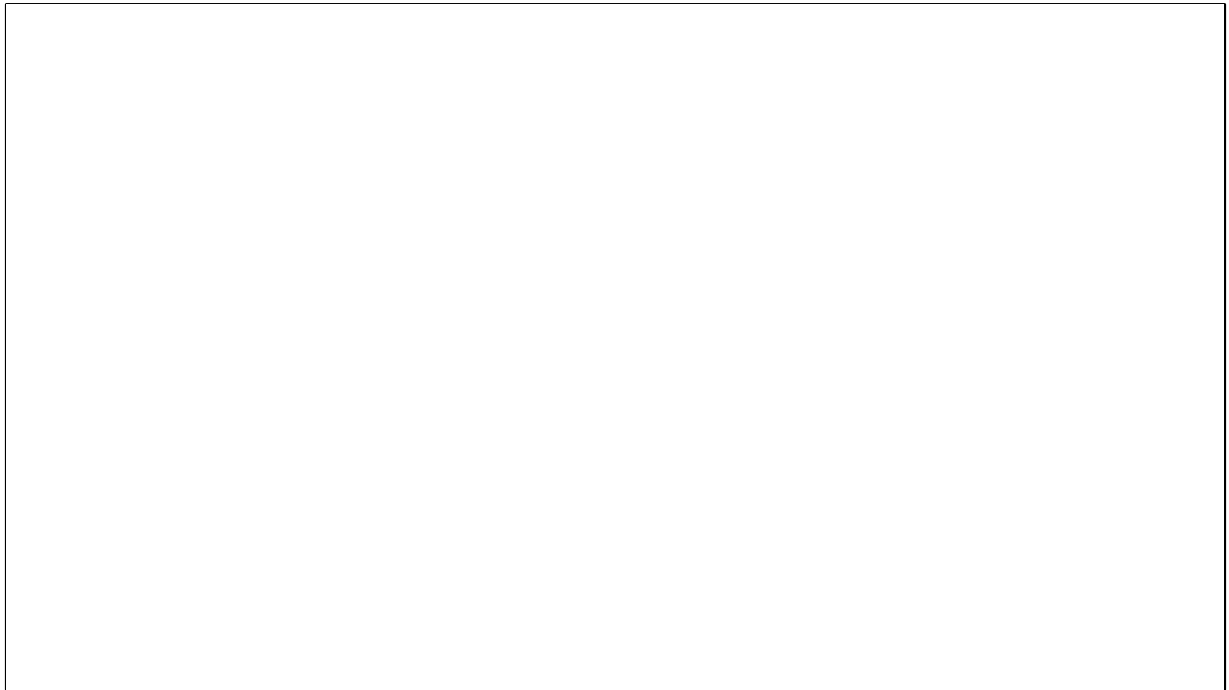
They can ask questions at any time and we will also do a Q&A session half way through and at the end for any questions

There will be a break about half way through the session.

Ask if they would like to ask any questions and encourage the participation of all the learners.

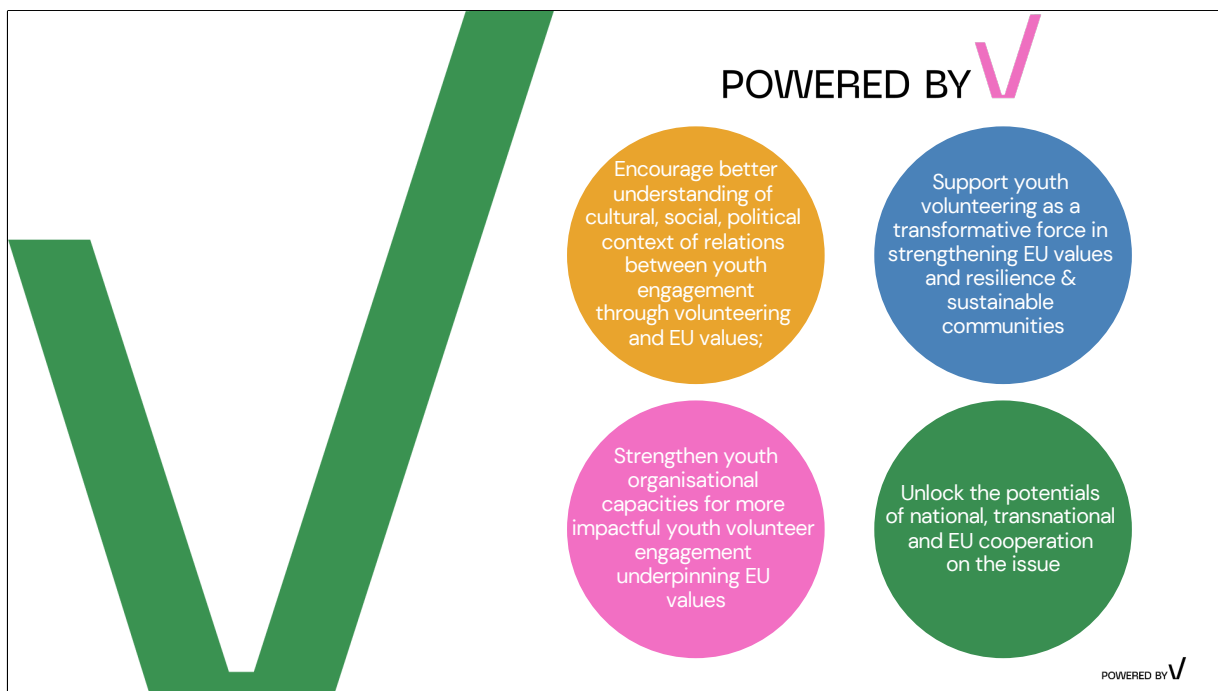
Notes for Presentation:

- **Engage the audience** by asking questions or prompting discussions based on the content of the slides.
- **Ensure clarity** in conveying how each point connects to the overarching goals of the training session.



Show this video to give an overview of what the Erasmus plus programme is about.

You can download this video in your language at https://multimedia.europarl.europa.eu/en/video/what-is-erasmus_B01-ESN-210827 and select your home language top left



Tell the participants a little about the project, only show each item as you speak about it.

The project aims to:

- 1) Encourage a better understanding of the cultural, social, and political context of relations between youth engagement through volunteering and EU values;
- 2) Support youth volunteering as a transformative force in strengthening EU values and resilience & sustainable communities;
- 3) Strengthen youth organisational capacities for more impactful youth volunteer engagement underpinning EU values
- 4) Unlock the potentials of national, transnational and EU cooperation on the issue.

Through the following actions:

- Focus groups and interviews with organisations and youth followed by EU Comparative Report on solidarity & EU values;
- National conversation saloons to develop specific volunteer engagement Feasibility Kit;

- Policy Recommendations for Strengthening Volunteer, democratic and value based engagement of youth;
- Guidebook for volunteer programmes that inspire and support activism and youth leadership; Curriculum and training on youth volunteer engagement; promotion & dissemination events.

Course outline

1. Welcome and introductions
2. The importance of youth volunteering
3. Current challenges
4. EU values
5. Activity 1: Reflective exercise
6. Activity 2: Roleplay scenarios
7. Refreshment break
8. Activity 3: Developing a youth engagement plan
9. Question and Answer session
10. Closing remarks

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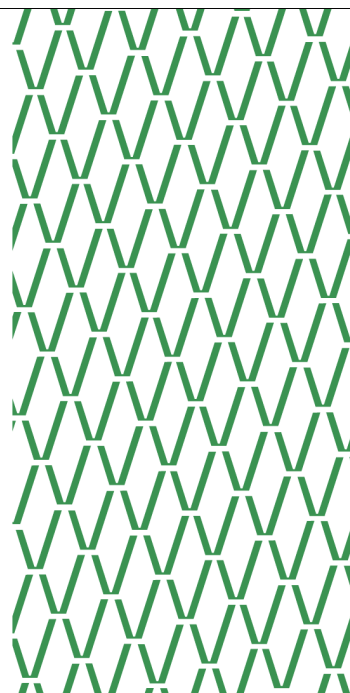
Remind learners of the course outline and start and finish time

1. Welcome and introductions
2. The importance of youth volunteering
3. Current challenges
4. EU values
5. Activity 1: Reflective exercise
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Learning objectives

1. **Understand** the importance of youth volunteering in promoting EU values such as democracy, equality, and solidarity.
2. **Identify** key challenges and opportunities in engaging young people in volunteering across different European contexts.
3. **Apply** practical strategies to create inclusive and flexible volunteer opportunities that appeal to young people.
4. **Foster** empathy and flexibility when working with diverse youth, incorporating the principles of social inclusion and active citizenship.
5. **Utilise** the European Solidarity Corps and other youth volunteering frameworks to strengthen engagement with young volunteers.

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Bring learners through the learning objectives for the training

1. **Understand** the importance of youth volunteering in promoting EU values such as democracy, equality, and solidarity.
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Training Objectives

Notes for Tutor:

- Outline the objectives of the training.
- Emphasise the interactive nature of the session and encourage participants to share their thoughts.




Introduce yourself

What's your name?

Where you are from?

What would you like to get out of this training?

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Get the participants to introduce themselves to others in the group

What's your name?

Where you are from?

What would you like to get out of this training? – this is to make sure that everyone has the correct motivation to make sure they get the most out of the training



**Energiser
game**

Tell us about three things
you've volunteered to do

Two should be truths

One should a lie

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Two Truths and a Lie

Two Truths and a Lie is a classic Icebreaker game which is commonly used in workplaces and schools. Each participant must say two things about themselves which are true, as well as one which is a lie.

The other players must then try to guess which of the statements is a lie. This exercise is a good way of getting to know other people and creating good relationships within a group. The exercise accomplishes this by stimulating discussion and encouraging people to speak about themselves openly.

In this case they talk about 2 things they have volunteered to do and one lie and we have to guess which one is a lie



Refer participants to the guidebook, you could circulate copies or share a link to the one on your web site



They outline the Key Takeaways from the Powered by V

- 1. The Value of Youth Volunteering**
- 2. Understanding Challenges in Youth Volunteering**
- 3. Best Practices for Engaging Young Volunteers**
- 4. Integrating EU Values into Volunteer Programmes**
- 5. Action Steps for Participants**

Notes for Tutor:

- **Key Benefits:**
 - Highlight how volunteering provides practical experience, fostering skills such as communication, problem-solving, and leadership.
 - Discuss the role of volunteering in building confidence and

resilience among young people.

- Mention how young volunteers can have a positive impact on their communities by addressing social issues and fostering inclusivity.
- **Engagement:**
 - Ask participants to share their own experiences with volunteering and how it has benefited them or their communities.



Key Takeaway 1

The value of volunteering



Personal development
Community Impact

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Key Takeaways from the Guidebook

1. The Value of Youth Volunteering

•**Personal Development:** Volunteering offers young people the opportunity to develop crucial life skills such as leadership, communication, teamwork, and problem-solving. These skills enhance employability and personal growth.

•**Community Impact:** Engaging in volunteer work allows youth to make a meaningful difference in their communities. They contribute to social causes, strengthen community ties, and promote a culture of solidarity and support.

Notes for Tutor:

- **Key Benefits:**
 - Highlight how volunteering provides practical experience, fostering skills such as communication, problem-solving,

and leadership.

- Discuss the role of volunteering in building confidence and resilience among young people.
 - Mention how young volunteers can have a positive impact on their communities by addressing social issues and fostering inclusivity.
- **Engagement:**
 - Ask participants to share their own experiences with volunteering and how it has benefited them or their communities.

A graphic titled "Key Takeaway 2" featuring a large pink letter 'V' on the left. To the right, a circular image shows a smiling young woman in a pink jacket. A pink circle overlaps the image with the text "Understanding challenges in Youth Volunteering". Below the image, the text lists "Lack of awareness", "Financial barriers", and "Accessibility issues". A small "POWERED BY V" logo is in the bottom right corner.

Key Takeaway 2

Understanding challenges in Youth Volunteering

Lack of awareness
Financial barriers
Accessibility issues

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Key Takeaways from the Guidebook

2. Understanding Challenges in Youth Volunteering

- **Lack of Awareness:** Many young people are unaware of the volunteering opportunities available to them. Outreach and marketing efforts must effectively communicate the benefits and possibilities of volunteering.
- **Financial Barriers:** Financial constraints can limit young people's ability to engage in volunteer activities. Providing support, such as travel reimbursements or stipends, can alleviate this barrier.
- **Accessibility Issues:** Volunteering programs must be inclusive and accessible to all young people, including those with disabilities or from marginalized backgrounds. Ensuring facilities and programs accommodate diverse needs is essential.

Notes for Tutor:

- **Challenges Overview:**
 - Discuss the findings that reveal a lack of awareness among

youth about available volunteering opportunities.

- Talk about barriers that prevent young people from volunteering, such as financial constraints, time limitations, and accessibility issues for individuals with different abilities.
- **Contextual Insights:**
 - Use specific examples from the guidebook that illustrate challenges faced in different countries.
 - Encourage participants to reflect on challenges in their local context and how they might address them.

Key Takeaway 3

Best practices for engaging young volunteers

Outreach and recruitment
Mentorship and support
Flexible opportunities

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Key Takeaways from the Guidebook

3. Best Practices for Engaging Young Volunteers

- **Outreach and Recruitment:** Employ creative and diverse methods to engage young people, such as social media campaigns, informational workshops, and collaborations with schools and community organizations.
- **Mentorship and Support:** Establish mentorship programs that pair young volunteers with experienced mentors. This support can enhance confidence and retention in volunteering roles.
- **Flexible Opportunities:** Create flexible volunteer roles that allow young people to contribute according to their availability and interests. Short-term and project-based opportunities can attract more participants.

- **Notes for Tutor:**
 - **Effective Strategies:**
 - Share best practices for leveraging social media platforms

to connect with young people, highlighting examples from successful campaigns.

- Discuss the importance of creating partnerships with educational institutions, community organizations, and local businesses to promote volunteering.
 - Emphasise the value of mentorship programs and peer-led initiatives that empower youth and create supportive environments.
- **Interactive Element:**
- Facilitate a group discussion on potential partnerships or outreach strategies participants can implement in their communities.



Key Takeaways from the Guidebook


4. Integrating EU Values into Volunteer Programmes

- Solidarity:** Emphasize the importance of community support and collective action. Encourage young people to see volunteering as a way to stand in solidarity with those in need.
- Respect for Diversity:** Promote inclusion by recognizing and celebrating the diverse backgrounds and experiences of young volunteers. This respect enhances the volunteering experience and fosters understanding.
- Empowerment:** Empower young people to take the lead in volunteering initiatives. Encourage them to voice their ideas and take ownership of projects, fostering a sense of agency and responsibility.

Notes for Tutor:

- **Core EU Values:**

- Explain how EU values such as solidarity, equality, and respect for diversity align with the goals of volunteering.
- Discuss the importance of integrating these values into volunteer programs and initiatives to create a more inclusive and equitable environment.
- **Reflection Activity:**
 - Encourage participants to reflect on how they can incorporate EU values in their volunteering efforts.
 - Conclude with a discussion on the role of young people as active citizens in promoting these values through volunteering.

A graphic titled "Key Takeaway 5" featuring a large orange letter 'V' on the left. To the right, a circular inset image shows a person's hands working with colorful sticky notes on a table. A text box within the circle reads "Action steps for participants". Below the circle, the text "Reflect on motivations", "Identify opportunities", and "Network and collaborate" is listed. A small "POWERED BY V" logo is in the bottom right corner of the graphic.

Key Takeaway 5

Action steps for participants

Reflect on motivations
Identify opportunities
Network and collaborate

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Key Takeaways from the Guidebook

5. Action Steps for Participants

- Reflect on Motivations:** Encourage participants to reflect on their motivations for volunteering and how they can inspire others to get involved.
- Identify Opportunities:** Challenge participants to identify local volunteering opportunities that align with their passions and interests, as well as those of their peers.
- Network and Collaborate:** Emphasize the importance of building networks among volunteers, organizations, and community members to create a supportive environment for youth engagement.



At this point you can highlight one of the case studies from the guidebook, you can decide to use one from another country or one from your home country,

You could print this out from the guidebook or share the PDF on the screen and ask the learners and ask them the following questions based on the case study you used

Introduction: Share a successful case study from a country that has effectively engaged youth volunteers (e.g., a community project in a specific country).

Key Takeaways: Discuss strategies such as partnership with schools, use of social media, and mentorship programs.

Group Discussion: What elements of this case study could be adapted in their own contexts?

Alternative – you could also show one of the videos from the project and reflect on these questions.

General Tips for Facilitators

- **Engagement:** Keep the participants engaged by asking open-ended questions and encouraging them to share personal experiences or insights.
- **Adaptability:** Be prepared to adapt the discussion based on the group's prior knowledge and interest in the topics.
- **Inclusivity:** Use inclusive language and examples that resonate with a diverse audience, ensuring everyone feels valued and heard.
- **Notes for Tutor:**
 - Divide participants into small groups.
 - Provide different scenarios for role play related to recruiting young volunteers.
 - After role plays, discuss key takeaways as a group.



Interactive workshop 1

Engaging young volunteers

1. Think of creative ways to engage young people
2. Draw on your own experiences and our guidebook
3. Create action points to make the plan a reality

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In small groups learners should think of creative ways to engage young people on what we've covered so far and perhaps by reflecting on the guidebook (if shared) or what we covered

Then draw on their own experience

Then they create action points to make a plan to engage young volunteers a reality.

- **Content:**
 - Outline of key elements for a youth engagement plan.
 - Group work to create actionable strategies.
- **Notes for Tutor:**
 - Introduce the elements of a youth engagement plan: goals,

target audience, outreach methods, evaluation.

- Facilitate group discussions where participants create their own plans.

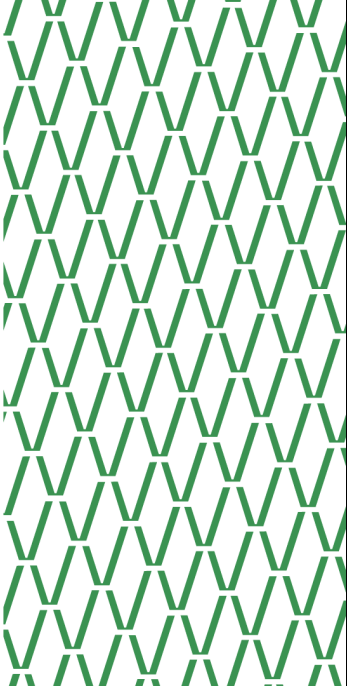
Interactive workshop 2

Roleplay scenario

Let's work through some real life scenarios

Swap roles with Scenarios, let us know your experience

One is the Leader of Volunteers, one is the young Person and one observer



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Give Scenario 1 to the group: A young person meets a leader of volunteers at a volunteer recruitment event, the Leader of volunteers promotes their organisation, and tries to get the young person to join, but they need to listen to what the young person wants, what is their motivation, the volunteer will look for short time commitment due to studies and work

Scenario 2: A young person wants to focus on their studies but knows the group is limited with their volunteers and doesn't want to let the group down, the Leader of volunteers needs volunteers and is very reliant on this young person, however they need time to study, how can the leader of volunteers make this work?

Scenario 3: A young volunteer has been with the organisation for some time however they believe

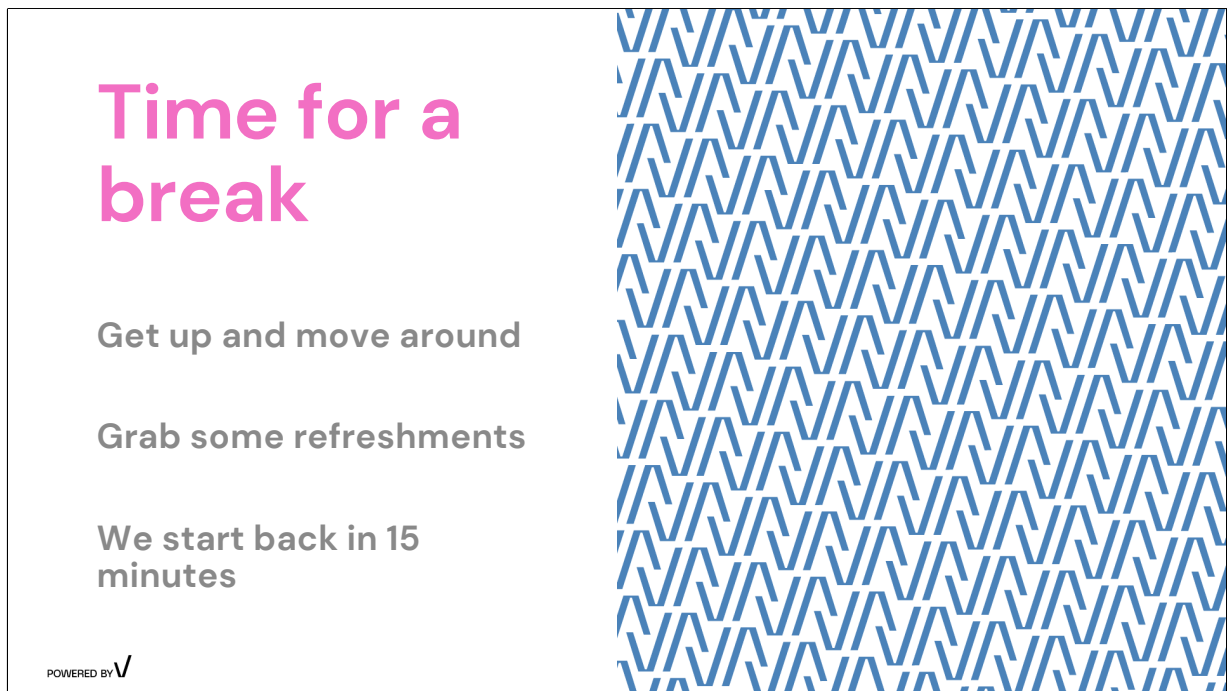
the organisation is very old fashioned and the volunteers are all much older, the suggestions the young volunteer have made have not been listened to or even acknowledged, the older volunteers know best. The volunteers doesn't feel like committing if they aren't listened too and now the Leader of volunteers tries to find a solution

Scenarios can include recruitment, addressing concerns, and inspiring commitment.



Q&A Session

- **Content:**
 - Open the floor for questions and discussions.
- **Notes for Tutor:**
 - Encourage participants to ask questions or share insights from the training.
 - Summarize key points from the session.



Time for a break

Get up and move around

Grab some refreshments


We start back in 15 minutes

Play the next video which is a 15 minute count down, you could have refreshments now. There is music on the video to help people relax.



Play the video, there is sound if you wish to play the background music for 15 minutes





Interactive workshop 3

Building Empathy and flexibility

1. In pairs reflect on your experience of dealing with an adult
2. Reflect on a positive experience, what made this good?
3. What traits could be used in a volunteer management setting?

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Adults engaging with young people exercise – In pairs

Building Empathy and flexibility

participants discuss their experience as a young person of a positive engagement (and possibly a negative one) when they were younger, this could be a parent, teacher, school teacher, youth worker, or anyone and the impact that it had on them as a young person.

Now get them to apply those positive experiences to volunteer management, what can we do in a volunteer management setting as leaders of volunteers (adults) to support younger people to volunteer

Interactive workshop 4

What are our values?

Transparency Empathy Social Inclusion Democracy

Rule of law Human Rights Freedom Equality

Justice Active citizenship Collaboration Solidarity

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Ask small groups to take some time to rank and rate their own personal values. They can use these 12 as a start or add their own but at the end of the exercise the group should feedback rated No 1, 2, 3 their top values. See how many of them reflect the EU values

Below are the Core EU Values:

1. Human Dignity Respecting the intrinsic worth of all individuals.

2. Freedom

1. Ensuring personal liberty and autonomy, including the freedom of speech and thought.

3. Democracy

1. Promoting active participation in decision-making processes and governance.

4. Equality

1. Ensuring that all people are treated equally under the law and have access to the same opportunities.

5. Rule of Law

1. Ensuring that laws apply equally to all citizens and that governance is

based on laws rather than arbitrary decisions.

6. Human Rights

1. Protecting and promoting the fundamental rights and freedoms of all individuals.

7.Solidarity

1. Encouraging mutual support, unity, and cooperation among EU citizens and across the world, especially in times of crisis.

Below are Additional Values Related to Youth Engagement and Volunteering:

1.Empathy

1. Understanding and sharing the feelings and experiences of others, especially marginalized groups.

2.Social Inclusion

1. Ensuring that everyone, regardless of background, has the opportunity to participate fully in society.

3.Civic Responsibility

1. Encouraging individuals to contribute positively to their communities and society at large.

4.Diversity

1. Celebrating and respecting differences in culture, belief, and experience.

5.Environmental Responsibility

1. Promoting sustainability and stewardship of the environment.

6.Active Citizenship

1. Encouraging proactive involvement in civic, community, and political life.

7.Justice

1. Advocating for fairness and ensuring equitable treatment for all individuals.

8.Voluntary Service

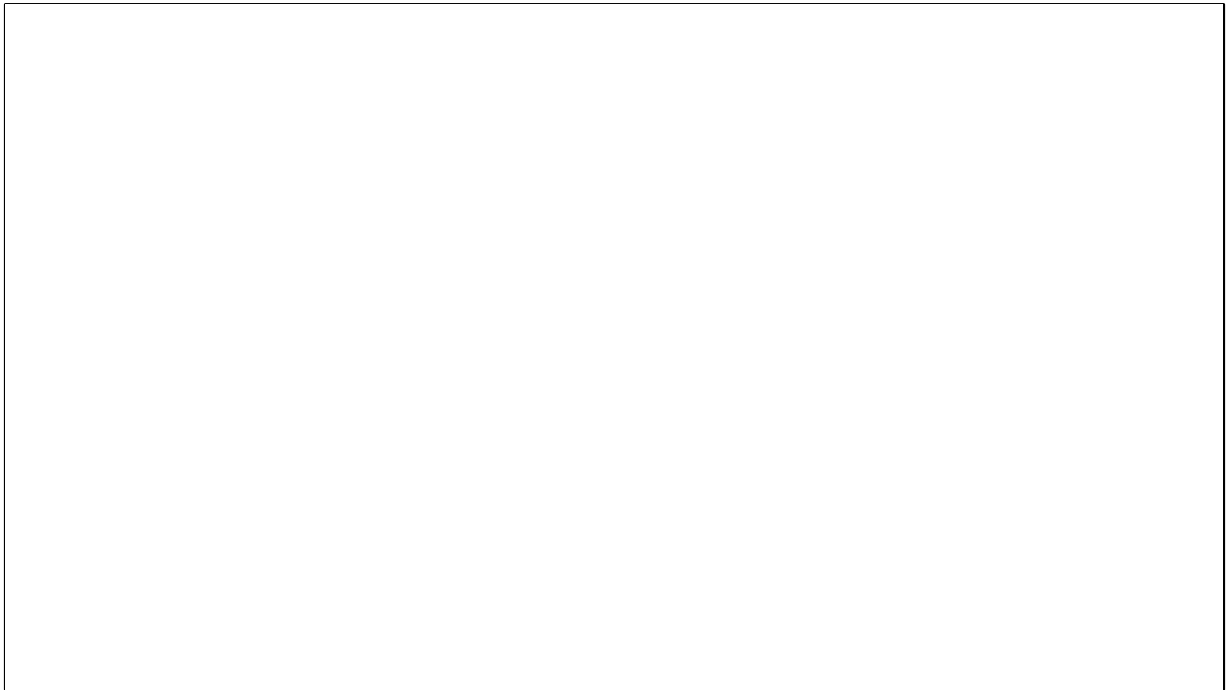
1. Valuing the selfless contribution of time and effort for the betterment of society without expectation of reward.

9.Collaboration

1. Fostering teamwork, partnership, and collective action toward shared goals.

10.Transparency

1. Promoting openness, accountability, and honesty in decision-making processes.



EU Values video

Now show them this short video about the EU values, and have a short discussion on this what they expected, are they different to what they expected?



Group discussion

How can we include these values in our volunteer programmes to create a positive space for young people to volunteer?

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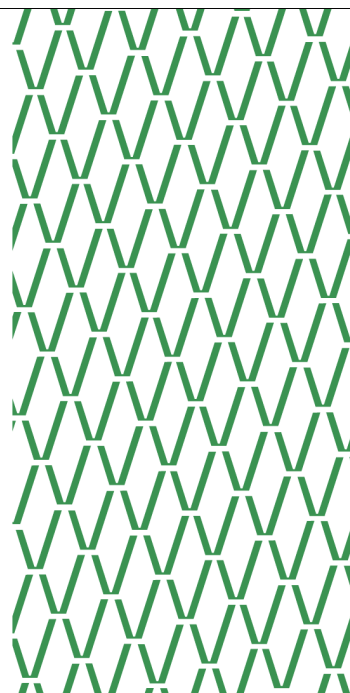
Start a group discussion on the following topic

How can we include these values in our volunteer programmes to create a positive space for young people to volunteer?

Learning objectives

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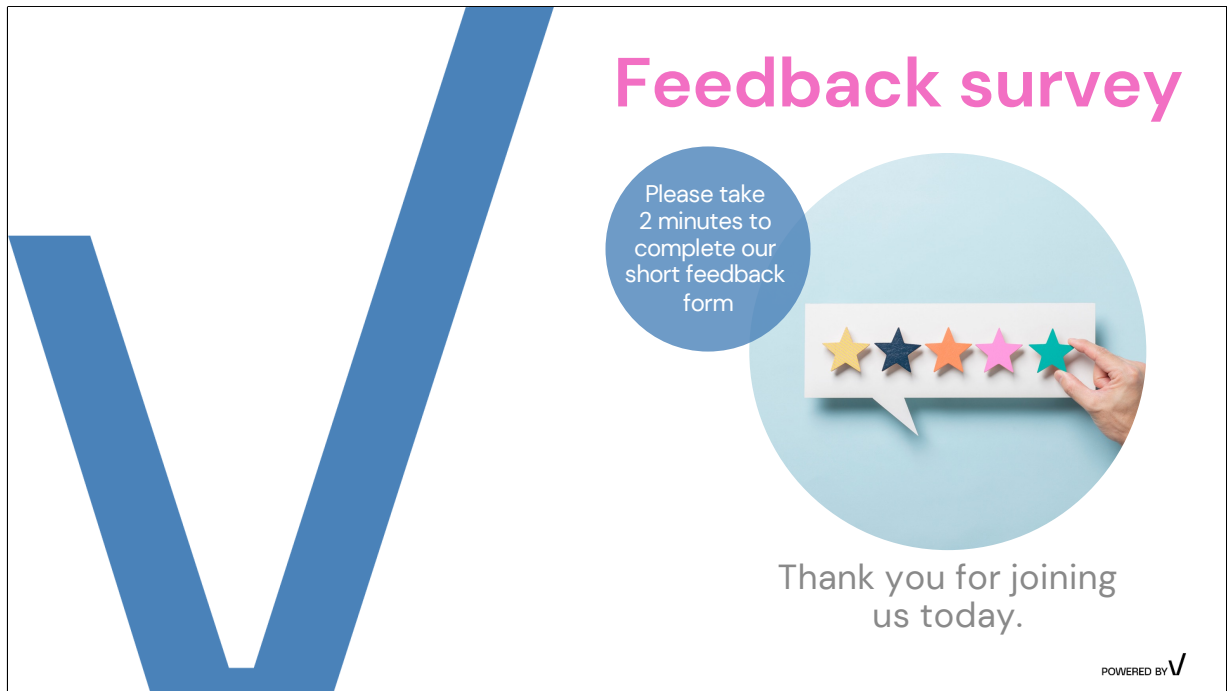
Remind the learners through the learning objectives for the training before completing the feedback survey

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Q&A Session

- **Content:**
 - Open the floor for questions and discussions.
- **Notes for Tutor:**
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 - Summarize key points from the session.



Feedback survey

Please take 2 minutes to complete our short feedback form

Thank you for joining us today.

POWERED BY **V**

The graphic features a large, stylized blue letter 'V' on the left side. To the right, the title 'Feedback survey' is written in a bold, pink font. Below the title, a circular light blue area contains a white speech bubble with five colorful stars (yellow, dark blue, orange, pink, teal) and a hand pointing to the teal star. A smaller blue circle contains the text 'Please take 2 minutes to complete our short feedback form'. Below the star graphic, the text 'Thank you for joining us today.' is written in a grey font. In the bottom right corner, the text 'POWERED BY V' is displayed, with a stylized 'V' logo.

Give learners a few moments to complete the feedback form before they leave the training



Thank learners for coming along today and let them know the page on your web site where they can find all the resources

Closing Remarks

- **Content:**
 - Thank participants for their engagement.
 - Share resources for further learning and support.
- **Notes for Tutor:**
 - Express gratitude for participation.
 - Provide handouts or links to additional resources related to youth volunteering.
 - Encourage participants to stay connected for future collaborations.